

Baby Feeding Support in Islington



Islington's breastfeeding peer supporters, in their distinctive purple shirts, are all mums who have breastfed their own babies before having training to help other mums.

You may meet our team on the postnatal ward and will usually receive a phone call from us soon after your baby is born. You can also call or message us for support at any stage. If you can't access our remote support or pre-booked breastfeeding support clinics, we might also be able to visit you at home.

Our free service is open to all Islington families.





Support with Feeding Your Baby during COVID-19

One to One Support

- Telephone, email and messaging support
- Video calls by arrangement
- Clinic appointments
(at Hungerford Children's Centre, Bingfield Primary Care Centre, Moreland Children's Centre and Archway Children's Centre)
- Home visits (limited availability)

Online Support

- Online breastfeeding support group
Fridays 1-2.30pm
- Online social Mums & Babies Meet-up
Wednesdays 10.30-11.30
- Antenatal online Q&A session
(various dates, evenings/weekends)

For full details and useful information see islington.gov.uk/breastfeeding or follow us on  [@breastfeedingislington](https://www.facebook.com/breastfeedingislington)  [@bfnislington](https://www.instagram.com/bfnislington)

Contact us on **020 3316 8439**

Support lines

9.30am-9.30pm, 7 days a week
National Breastfeeding Helpline
0300 100 0212 (press 2 for Polish)
Breastfeeding Network Supporterline
0300 100 0210
Bengali/Sylheti Supporterline
0300 456 2421

Other information and support

breastfeedingnetwork.org.uk
(includes webchat support)
globalhealthmedia.org/breastfeeding
unicef.org.uk/babyfriendly/support-for-parents
facebook.com/BfNDrugsinBreastmilkinformation

We collect, receive and process your personal information as part of your perinatal care with Whittington Health NHS Trust and operate within Trust systems and policies. For more information on how we use your data, visit www.whittington.nhs.uk, see our Facebook page or contact us.



ISLINGTON

Working in partnership

