

# Baby Feeding Support in Islington



Islington's breastfeeding peer supporters, in their distinctive purple shirts, are all mums who have breastfed their own babies before having training to help other mums.

You may meet our team on the postnatal ward and will usually receive a phone call from us soon after your baby is born. You can also call or message us for support at any stage. If you can't access our remote support or pre-booked breastfeeding support clinics, we might also be able to visit you at home.

Our free service is open to all Islington families.





# Support with Feeding Your Baby during COVID-19

## One to One Support

- Telephone, email and messaging support
- Video calls by arrangement
- Clinic appointments  
(currently available at Hungerford Children's Centre and Bingfield Primary Care Centre; more venues may be added)
- Home visits (limited availability)

## Online Support

- Online breastfeeding support group  
Fridays 1-2.30pm
- Online social Mums & Babies Meet-up  
Wednesdays 10.30-11.30
- Antenatal online Q&A session  
alternate Saturdays 10.30-12.00

For full details and useful information see [islington.gov.uk/breastfeeding](https://www.islington.gov.uk/breastfeeding) or follow us on  @breastfeedingislington  @bfnislington

Contact us on **020 3316 8439**

## Support lines

9.30am-9.30pm, 7 days a week  
National Breastfeeding Helpline  
**0300 100 0212** (press 2 for Polish)  
Breastfeeding Network Supporterline  
**0300 100 0210**  
Bengali/Sylheti Supporterline  
**0300 456 2421**

## Other information and support

[breastfeedingnetwork.org.uk](https://breastfeedingnetwork.org.uk)  
(includes webchat support)  
[globalhealthmedia.org/breastfeeding](https://globalhealthmedia.org/breastfeeding)  
[unicef.org.uk/babyfriendly/support-for-parents](https://unicef.org.uk/babyfriendly/support-for-parents)  
[facebook.com/BfNDRugsinBreastmilkinformation](https://facebook.com/BfNDRugsinBreastmilkinformation)

We collect, receive and process your personal information as part of your perinatal care with Whittington Health NHS Trust and operate within Trust systems and policies. For more information on how we use your data, visit [www.whittington.nhs.uk](https://www.whittington.nhs.uk), see our Facebook page or contact us.



ISLINGTON

Working in partnership

NHS

Whittington Health  
NHS Trust

