

Are you
passionate
about
breastfeeding?

Would you like to support other
mothers in your community?

Have you had an experience of
Breastfeeding?

We're running a **free course**
for local mothers to train
as breastfeeding helpers



the
Breastfeeding
network
Portsmouth

Course details:

7th January - 28th April 2020

Every Tuesday morning (except school holidays)

10am-12noon

Landport Family Hub, 221 Arundel St,
PO11NF

At the end of the course you will be expected to volunteer for a minimum of 9 months at a Portsmouth drop-in clinic, Breastfeeding support group or on the postnatal wards at Queen Alexandra Hospital and to attend monthly supervision sessions to stay registered as a Breastfeeding Helper.

The training is accredited by the Open College Network.

**For more information or to request
an application form please
contact Lucy by
8th December 2019**

lucy.goodhew@breastfeedingnetwork.org.uk