

Mon	09:30 - 11:15 (term time only, closed bank holidays)	Caversham*	Caversham Children's Centre, Amersham Road, Caversham, RG4 5BP
Mon	09:30 - 11:30 (closed bank holidays)	Wokingham*	Brambles Children's Centre, Budes Gardens, RG40 1PX
Mon	13:30 - 15:00 (closed bank holidays)	Tilehurst*	Cornwell Centre, Home Croft, Tilehurst, RG31 5WJ
3 rd Tues	10:30 - 12:00	Winnersh*	Rainbow Park Children's Centre, Wokingham, RG41 5SG
Tue & Thu	mornings by appointment only 0118 3227295	RBH Breastfeeding Clinic	Parent Craft Room, Level 2, Maternity Unit, RBH, RG6 5AN Babies up to 6 weeks old – for complex feeding issues only
Wed	09:30 - 11:15	Whitley*	Health and Social Services, Northumberland Ave, RG2 7PJ
Wed	14:00 - 16:00 by appointment only 0118 3227295	Wokingham Community Hospital	Wokingham Hospital, 41 Barkham Rd, Wokingham RG41 2XR Babies up to 6 weeks old – for complex feeding issues only
4 th Thurs	09:30 - 11:00	Woodley*	Ambleside Centre, Ambleside Close, RG5 4JJ
1 st & 3 rd Thurs	13:00 - 14:30	Finchampstead*	Finchampstead Baptist Church Centre, Gorse Ride North, Finchampstead, RG40 4ES
Fri	09:30 - 11:00 (term time only)	East Reading*	Sun Street Community Centre, Sun Street, Reading, RG1 3JX
1 st Fri	09:30 - 11:15 (term time only)	Lower Earley*	Radstock Community Centre, Radstock Lane, Earley, Reading, RG6 5UL

* With Health Visiting Team

Updated June 2019

For support in other areas, please check the website www.breastfeedingnetwork.org.uk

- Free opportunity to socialise and share experiences with other breastfeeding mums.
 - Confidential trained support from other mums.
 - Everybody warmly welcomed, siblings and bumps too.
- Come at any stage – just starting, continuing, going back to work, weaning.

Go onto our website for more information about
Breastfeeding, expressing, storing milk, etc.

www.breastfeedingnetwork.org.uk

National Breastfeeding Helpline
0300 100 0212

BfN supporter line
0300 100 0210

Both lines are open between 9:30am – 9:30pm every day
Call to speak to trained volunteer mothers

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