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**Come and join us for the**

**‘BfN’s Big Tea Break’**

**Take some time to meet up, chat to friends, have fun and support the**

**Drugs in Breastmilk helpline appeal**

When:

Where:

#DIBMhelpline #BfNteabreak #teabreakchallenge

To donate text DIBM88 £the amount you wish to donate to 70070 eg DIBM88 £5 to 70070

www.breastfeedingnetwork.org.uk/detailed-information/drugs-in-breastmilk/

The Breastfeeding Network is a registered Scottish charity no. SC027007

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