

Friends of DIBM Packages

Package 1: Friend of Drugs in Breastmilk Helpline - personal

Suited to individuals – Parents, Lactation Consultants, Breastfeeding Peer Supporters, Breastfeeding Counsellors, pharmacists, GPs, Health Visitors, doulas

As a friend of Drugs in Breastmilk Helpline (DIBM) you will get:

- a hard copy of all the DIBM infosheets in a spiral bound book (worth £10) and a certificate confirming your support
 - a new twice yearly DIBM e-newsletter, full of information and related news
 - all the latest updates to DIBM infosheets, plus any new infosheets by email as soon as they are released
 - all the latest BfN Big Tea Break information and resources as soon as they are available
 - A digital e-badge saying that you are a friend of DIBM
 - the option to have your name included in the DIBM supporters feature in the BfN newsletter
 - the warm glow of knowing you are supporting the sustainable development of a vital service for families across the UK
- Cost £25 per year (plus optional donation if you'd like to give more)**

Package 2: Friend of DIBM - Organisation

Suited to local Health Care Trusts/boards, groups of GP surgeries/pharmacies, maternity units, third sector organisations

As an organisation becoming a friend of DIBM you will get:

- 5 paper copies of all the DIBM infosheets in a spiral bound book (worth £10 each) plus a certificate you can display to show your organisation's support for the service
 - a new twice yearly DIBM e-newsletter, full of information and related news
 - all the latest updates to DIBM infosheets, plus any new infosheets by email as soon as they are released
 - all the latest BfN Big Tea Break information and resources as soon as they are available
 - an easy to deliver training session plan on the safety of Drugs in Breastmilk which can be used with staff across your organisation
 - A digital e-badge that you can use online to show you are a friend of DIBM helpline
 - the option to have your organisation's name included in the DIBM Supporters feature in the newsletter
 - the warm glow of knowing you are supporting the sustainable development of a vital service for families across the UK
- Cost £150 per year (plus optional donation if you'd like to give more)**

Email friendsofDIBM@breastfeedingnetwork.org.uk for more information