

Support lines

9.30am-9.30pm
7 days a week
National

Breastfeeding Helpline
0300 100 0212
BfN (The Breastfeeding
Network)

0300 100 0210
www.breastfeeding
network.org .uk
BfN Bengali/Sylheti
Supporterline

0300 456 2421
Polish Helpline
0300 100 0212
option 2

Breastfeeding Peer Support

In Islington we have Breastfeeding Peer Supporters - local mums who have breastfed and been trained to help other mums in the drop-ins, in some clinics and groups, and through home visits.

We contact mothers by phone just after they go home from hospital.
If you would rather we did not contact you, please let us know on 020 3316 8439.

Breastfeeding drop-ins

Come along while pregnant or after you've had your baby to receive information and help with breastfeeding and meet other mums. Babies and children of any age are welcome.

This list is up-to-date as of September 2016

Contact us

For more information or to receive peer support, contact:

020 3316 8439

This number is also for contacting us if you are interested to train as a peer supporter.



**Breastfeeding Support
in Islington**



Monday

1.30-3.00pm

Hornsey Road Children's Centre

8 Tiltman Square
260 Hornsey Road
N7 7EN

Tel: 020 7527 2005

1.30-3.00pm

Conewood Street Children's Centre

14 Conewood Street
N5 1DL

Tel: 020 7527 4440

Tuesday

1.00-2.30pm

Hungerford Children's Centre

249 Hungerford Road
N7 9LF

Tel: 020 7619 9149

Like our Facebook page
for news and
information updates



Breastfeeding
Islington

Wednesday

9.30-11.00am

(part of baby clinic)

Bingfield Primary Care Centre

8 Bingfield Street
N1 0AL

Tel: 020 3316 8439

1.00-2.30pm

Archway Early Years Centre

Vorley Road
N19 5HE

Tel: 020 7527 4827

Thursday

10.00-11.30am

Moreland Children's Centre

Moreland Primary
School

Entrance via Central
Street EC1V 8BB

Tel: 020 7527 3500

1.00-2.30pm

New River Green Children's Centre

23 Ramsay Walk
N1 2SX

Tel: 020 7527 4813

Friday

9.30-11.30am

(part of baby clinic)

Paradise Park Children's Centre

164 Mackenzie Road
N7 8SE

Tel: 020 7697 7330

1.00-2.30pm

Ambler Children's Centre

Romilly Road
N4 2DR

Tel: 020 7359 7628