

Portsmouth Supports Breastfeeding



Breastfeeding Support Groups in Portsmouth

MONDAY	Drayton & Farlington Children Centre, 48 Havant Road PO6 2QZ - 1.30 – 3 pm (NHS Solent with BfN volunteers)
TUESDAY	Northern Parade Children Centre, Doyle Ave PO2 9NE – 10 – 11.30 am (BfN lead group TERM TIME ONLY) Eastney Methodist Church, Highland Road PO4 9NJ – 12.30 – 2.00 pm (NHS Solent with BfN volunteers)
WEDNESDAY	Portsmouth Birthing Centre, St Marys Hospital, Milton Road PO3 6AD Post natal - 2 – 3.30 pm no booking required Antenatal – 3.30 – 4.30 pm the last Wednesday of every month commencing 29 th April 2015 to book call Portsmouth Maternity Centre on: 023 92 680135 Buckland Children Centre , Turner Road PO1 4PN 1.00 – 2.30 pm (BfN lead group TERM TIME ONLY)
THURSDAY	Fratton Children Centre, Penhale Infants School, Lincoln Road PO1 5BG 1.00 – 2.30 pm (NHS Solent with BfN volunteers)
FRIDAY	Somerstown Children Centre, Omega Street, Southsea PO5 4LP 11.30 am – 1 pm (NHS Solent with BfN volunteers)
SATURDAY	Portsmouth Maternity Centre, St Marys Hospital – 10.00 am – 12 noon (BfN lead drop-in)

Breastfeeding groups offer a welcome to all pregnant and breastfeeding mums and their family. Breastfeeding Network volunteers are mums who have breastfed and are trained to help other mums to breastfeed.

If you are unable to access a group close to you but need information or help with breastfeeding please contact your Midwife or Health Visiting Team.

Or call: Breastfeeding Support & Healthy Weight Team on: 02392 851350

Breastfeeding Network Supportline: 0300 100 0210

www.porthosp.nhs.uk/Maternity-Dept/breast-feeding-infant-feeding.htm