**North Lancashire**

Star Buddy peer supporters in North Lancashire deliver a universal peer support programme for all breastfeeding mothers and work closely with midwives, health visitors and children’s centres in the area.

The service we offer:

* Bedside support is provided for all mothers who initiate breastfeeding at Royal Lancaster Infirmary or Blackpool Teaching Hospital with a shift every day of the week.
* Star Buddies provide *ad hoc* support on the delivery suite, midwifery led unit and the paediatric ward.
* The community Star Buddy team offers 1:1 support at home for 6 weeks and beyond for all mothers who initiate breastfeeding. This support is provided 7 days a week.
* Star Buddies run breastfeeding groups where women share experiences and can talk through any issues with a Star Buddy.
* A Volunteer Coordinator manages a team of 50 volunteers who work in groups, in the hospital, in the community and help man the National Breastfeeding Helpline, which runs 9.30am to 9.30pm 7 days a week.
* Star Buddies help sign up and audit businesses for the Welcome to Breastfeed scheme (Facebook page ‘Mum’s milk on the go’).
* Star Buddies support the Baby Friendly accreditation in the community.

To speak to one of the team phone:-

Fylde Star Buddies 07544096923

Wyre Star Buddies 07842545785

Lancaster Star Buddies 07761272200

Morecambe Star Buddies 07761663175

Email Claire Selby (Project Lead) [claire.selby@breastfeedingnetwork.org.uk](mailto:claire.selby@breastfeedingnetwork.org.uk)