

**Mama Latte** is a **BfN** Breastfeeding support group, where you can get support and information about all aspects of feeding your baby, as well as meeting other mums and sharing experiences over a cuppa. All our **Feeding Support Workers** at all groups, can also give information about going back to work, expressing and storing, introducing solids and stopping breastfeeding when you and your baby are ready.

**Mondays-** **Feeding Support Worker** at River Children's Centre, Naas Lane, LYDNEY, GL15 5AU  
**12.30pm – 2pm (term time only)**

**Feeding Support Worker** at The Link Children's Centre, Matson Avenue, Gloucester GL4 6BE  
**10:30 – 12 noon**

**Wednesdays-** **Lactation Station** at Newent Fire Station, Bridge Street, Newent, GL18 1BB  
**10am – 12 noon**

**Fridays -** **Mama Latte** at The Beacon Children's Centre, Valley Gardens, Kingsway, GL2 2BS  
**1pm – 2.30pm**

**Feeding Support Worker** at La La Lounge Parent & Baby Group at The Museum, Brunswick Road, Gloucester, GL1 1HT  
**10:30 – 12 noon**

**Saturdays-** **Feeding Support Worker** alongside Midwife Clinic in the Women's Centre, Gloucestershire Royal Hospital, GL1 3NN  
**10am – 12noon**



Find us on Facebook – Babies, Bumps & Beyond