







## Thinking about breastfeeding or looking for support?

Would you like a Breastfeeding Peer Supporter from NCT or BfN to contact you via telephone, video call or text message?









NCTGlasgowBFSupport

BfNGGC

Email: peersupportglasgow@breastfeedingnetwork.org.uk

Answerphone: 0208 752 2319

or TEXT: 07395 224698

with your name, postcode and telephone number or scan the QR code above to sign up for support.

Glasgow City HSCP are working with the NCT and BfN to offer peer support to help you get breastfeeding off to a good start.

Peer supporters are parents who have breastfed their own children and are trained to support other local parents.

If you would like support in your own language please get in touch and we will try to help.

To opt in and consent to being contacted by our Breastfeeding Peer Supporters please email, text or leave a message on our answerphone with your name, postcode and telephone number and we will aim to contact you within 48 hours. You can also use the QR code overleaf to sign up for support.

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