

IVF/Fertility drugs and Breastfeeding

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An increasing number of mothers are seeking to use IVF/Fertility drugs whilst still breastfeeding. This is a very complex area lacking research and based on professional judgements and pharmacokinetic data.

A face book group called "Breastfeeding Mums undergoing Fertility Treatment/IVF"
(www.facebook.com/groups/bfduringivf/)

This group offers peer support from other mothers who have undertaken treatments whilst breastfeeding. Members are very knowledgeable. Whilst Wendy Jones BfN Pharmacist has had input to the fact sheets within the group, the expertise lies with the mothers. We would therefore signpost mothers with questions on medications such as:

- Clomiphene (clomid ®)
- FSH
- Aspirin 75mg
- Progesterone
- Buserelin ®
- Menotropin

Before deciding to wean your baby in order to undertake fertility treatment/transfer of frozen embryos consider requesting to join the closed group.



To talk to a mum who knows about breastfeeding call the National Breastfeeding Helpline 0300 100 0212

Calls to 0300 numbers cost no more than calls to UK numbers starting 01 and 02 and will be part of any inclusive minutes that apply to your provider and call package.